

Starting this February
Family Caregiver Support Group

Beginning February 18, 2025

We will meet the 3rd Tuesday
of each month at the
Roger B. Trask Day Health Program
from 1:30 to 2:30pm

Please join us to connect with others, share
the challenges of caregiving and explore
potential suggestions and solutions.

*Respite provided for Roger B. Trask
Adult Day Health participants*

Facilitators:

Mary Ellen Abodeely, LSW

Susan Levenson, RN, Program Manager

Please RSVP 978-531-2254 x/36 or 134

